



## GLUTEN-FREE MENU

(Please double check with your server as some items may change without notice.)

Please request no flour chips, flour bowls or tortillas.

**Jose's tortilla chips and table salsa is gluten-free.**

### AVAILABLE SAUCES

Green Chile

Chile Con Queso

Tomatillo Sauce

Vegetarian Green Chile

### SALADS (All dressings are gluten-free)

#### (Please request no flour shell)

House salad with no chips

Fajita salad (No marinade)

Taco salad with no chips

Chicken Avocado salad

### APPROVED SAUCES: Green Chile, Chile con Queso, Tomatillo and Veggy Green

### BOTANAS

All Nachos

Guacamole with no flour chips

Mexican Mushrooms with no flour shell or flour tortillas

Queso Fundido with no shell or flour tortillas

### SOUP

Jose's Famous Chicken soup with no flour tortillas

Tortilla soup with no cheese. (The jack cheese is powdered with Cellulose)

### FAJITAS

All Fajitas are available. (Please request corn tortillas instead of flour and no marinade.)

**APPROVED SAUCES: Green Chile, Chile con Queso, Tomatillo and Veggy Green**

**COMBINATIONS** (Please request no flour chip on beans)

- #1. Cheese enchilada & beef taco with approved sauce
- #2. Two beef or two cheese enchiladas (or one of each enchilada)with approved sauce
- #8. One ground beef, one chicken and one cheese enchilada (change red sauce)
- #11. Two tacos: shredded beef, ground beef or chicken

**ENCHILADAS** (Please request no flour chip on beans)

All enchilada plates are available

**TACOS GRANDES**

Tacos al Carbon (No marinade)

Shrimp tacos

Grilled Fish tacos

Grilled soft tacos (please request corn tortillas)

**LITE SPECIALS**

Mama's Skinny Enchiladas with approved sauce

**ESPECIALES MEXICANOS** (Please request no flour chip in beans)

Chicken Taquitos

Taquitos Rancheros

Blue Corn Taquitos

**ESPECIALES MEXICANOS(cont.)**

Camarones Rancheros (Please request no flour bowl)

Camarones ala Diablo

Carne Asada (Please request corn tortilla)

Carnitas Chile Verde with approved sauce

**POSTRES**

Flan (Please request no shell)

Helados

**APPROVED SAUCES: Green Chile, Chile con Queso, Tomatillo and Veggy Green**

**NINOS** (Please request no flour chip in beans)

One ground beef taco

One cheese enchilada with approved sauce

One ground beef enchilada with approved sauce

Nachos

**BRUNCH** (Available Saturday and Sunday from 11am to 3pm)

(Please request no flour chip in beans)

Huevos Rancheros

Huevos Carnitas with one of our approved sauces and corn tortillas

Mexican Skillet with corn tortillas

Seafood Omelet with one of our approved sauces

Avocado Omelet

**PLEASE AVOID THE FOLLOWING SAUCES:**

(These sauces contain flour)

Hot Green Chile

Half & Half Chile

O'Shea's sauce

Cream Cheese sauce

Grandma's Hatch Green Chile